

NON-GLUTEN MENU

GRAZING & SHARERS

- ROASTED & SALTED CASHEWS** ④ 466kcal 4.00
- NOCELLARA GREEN OLIVES** ④ 162kcal 4.00
Maldon sea salt
- BAKED CAMEMBERT** ④ 951kcal 12.50
Pistachios, apricots, chilli infused honey, extra virgin olive oil, non-gluten bread

SMALL PLATES 7.00

- CURRIED CAULIFLOWER WINGS** ④ 631kcal 7.00
Madras batter, mango relish, chilli flakes, spring onion
- HALLOUMI FRIES** ④ 826kcal 7.00
Tracklements chilli jam, garlic and parsley mayonnaise, pomegranate seeds
- TEMPURA PADRON PEPPERS** ④ 343kcal 7.00
Maldon sea salt, smoky chipotle mayonnaise
- DRY CURED PORK COPPA** 702kcal 7.00
Gran Moravia cheese, sunblushed tomatoes, rocket, extra virgin olive oil, non-gluten bread

MAIN PLATES & BURGERS

- KALE CAESAR** ④ 369kcal 10.95
Baby spinach, sunblushed tomatoes, Gran Moravia cheese, soft-boiled free range egg
add grilled halloumi 2.75 499kcal, chargrilled chicken 3.25 237 kcal
- CHIMICHURRI SHREDDED CHICKEN RICE BOWL** ④ 1013kcal 14.95
Brown rice, kale, paprika chickpeas, baby spinach, fennel, flat leaf parsley, seeded avocado, pomegranate seeds, sour cream dressing, grilled lemon
- WAGYU BURGER** 1398kcal 14.50
Non-gluten seeded bun, beef tomato, gem lettuce, pickled gherkins, burger sauce, triple-cooked chips
add Barber's vintage Cheddar 351kcal, Emmental cheese 73kcal, smoked streaky bacon 156kcal 1.50 each

SIDES

- TRIPLE-COOKED CHIPS** ④ 580kcal 3.45
- SWEET POTATO FRIES** ④ 649kcal 3.95
- KIMCHI 'SLAW** ④ 15kcal 1.95
- HOUSE SALAD** ④ 128kcal 2.75
Gem lettuce, baby spinach, diced cucumber and beef tomato, red onion, red peppers, grated carrot, lemon and extra virgin olive oil dressing

SANDWICHES

SERVED MON-SAT UNTIL 5PM

- SERVED ON NON-GLUTEN BREAD WITH A MUG OF TRIPLE-COOKED CHIPS 580kcal OR A DRESSED HOUSE SALAD 128kcal
swap fries to sweet potato fries 649kcal 1.50
- AHT SANDWICH** ④ 671kcal 8.75
Avocado, halloumi, tomato, dill oil, Tracklements onion marmalade
- CBLT SANDWICH** 527kcal 8.75
Chargrilled chicken breast, smoked streaky bacon, beef tomato, gem lettuce, mayonnaise

DESSERTS 6.00

- WARM CHOCOLATE BROWNIE** ④ 829kcal 6.00
Salted caramel, vanilla pod ice cream, chocolate sauce
- AFFOGATO** ④ 642kcal 6.00
Vanilla pod ice cream, espresso, chocolate sauce

SUNDAY ROASTS

SERVED SUNDAYS ONLY - ALL FRESHLY PREPARED AND SERVED WITH ROAST POTATOES, SEASONAL VEGETABLES AND ROAST GRAVY

- TOPSIDE BEEF** 1105kcal 17.25
- HALF ROAST CHICKEN** 1058kcal 15.25
- SWEET POTATO & CHESTNUT** ④ 1192kcal 13.25
- SIDES**
- Cauliflower Cheese ④ 319kcal 2.75

④ Suitable for vegetarians. ④ Suitable for vegans. Fish and poultry dishes may contain bones. All weights are approximate prior to cooking. All items are subject to availability. Adults need around 2000 kcal a day. **Allergen Information.** If you have any allergies or dietary requirements, please speak to our team for more information. Our kitchens contain many ingredients and so we cannot guarantee the total absence of nuts, gluten, or other allergens. Our fryers are used to cook different products so we cannot guarantee total absence of animal products or allergens. A full list of allergens in each dish is available for your peace of mind. **All prices include VAT. Service is not included.** All tips are retained by the grateful team.