

# NAGS HEAD COVENT GARDEN

## Free From Gluten Menu

### Light Bites & Sharers

**PEPPERED MUSHROOMS (v)** pan fried, peppercorn sauce and free from gluten toast £5.75

**NACHOS FONTINA** melted cheese fondue with crisp tortilla chips, served with sour cream, tomato salsa and guacamole. Perfect for two to share £9.95, with BBQ pulled pork £11.95

**CHICKEN LIVER PATE** red onion marmalade, free from gluten toast £6.25

**PRAWN COCKTAIL** free from gluten bread and butter £6.75

### Mains

**HUNTER'S CHICKEN** smoked streaky bacon, BBQ sauce, melted Cheddar cheese, chips and coleslaw £12.25

**BEEFBURGER** free from gluten roll, gem lettuce, tomato, red onion, gherkin, burger sauce, chips and coleslaw £12.25

**HAND-CUT HAM & EGGS** chips £10.25

**28 DAY AGED 8oz SIRLOIN STEAK** grilled tomato, fiat mushroom, watercress and chips £17.50

~ Add peppercorn or Diane sauce for £1.50

**ROAST RUMP OF LAMB** goat's cheese dauphinoise, buttered greens and red wine jus £15.95

**GRILLED GOAT'S CHEESE SALAD (v)** tomato, red onion, beetroot, gem lettuce and house dressing £10.75

### Sandwiches

Served in free from gluten bread with a side salad £6.95

~ Add chips to your sandwich for £2.95

**BACON, LETTUCE & TOMATO**

**MATURE CHEDDAR & PICKLE (V)**

**PRAWN COCKTAIL**

**CHICKEN, BACON & MAYO**

### Jacket Potatoes

All served with a side salad £7.95

**CHEESE & BEANS (V) PRAWN COCKTAIL**

**CHEESE & COLESLAW (V)**

### Desserts

**PAVLOVA** £5.50

Whipped cream, red berries and mint

**SORBET** £5.50

Blood orange

*Food Allergies & Intolerances. Our menu descriptions do not include all ingredients. Dishes are prepared using non-gluten containing ingredients. Whilst we take as much care as possible to avoid contamination with allergens please be advised that our food is prepared in a kitchen where nuts, gluten and other allergens are present. We are unable to guarantee that the dish is 100% gluten free.*